



Francesco Bubbico

Date of birth: 23/02/1995 | **Nationality:** Italian | **Phone number:**

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WORK EXPERIENCE

01/10/2020 – CURRENT Pavia, Italy

PHD IN 'NEUROSCIENCE, PSYCHOLOGY AND DATA SCIENCE' LAB. OF CONTEMPLATIVE NEUROSCIENCE - BRAIN AND BEHAVIORAL DEPARTMENT - UNIVERSITY OF PAVIA

- Main responsible for the 'Laboratory of Contemplative Neuroscience' and EEG equipment
- Plan, organize and conduct research about mindfulness meditation interventions
- Collecting data (EEG, HRV, self-report measurements)
- Data management and data analysis
- Writing reports and scientific articles

01/10/2019 – CURRENT Pavia, Italy

TUTOR FOR THE COURSE OF 'MEDICAL STATISTICS AND INFORMATICS' FACULTY OF DENTISTRY - FACULTY OF MEDICINE AND SURGERY - UNIVERSITY OF PAVIA

Tutoring the students of the 1° year of Dentistry for four consecutive years, including the following activities:

- Support the professor during the regular lectures
- Giving repetition lectures for theoretical topics
- Giving exercitation and preparation for exam classes
- Preparing written exams and lecture material for the course

02/02/2019 – CURRENT Pavia, Italy

PROJECT MANAGER AND COMMUNICATION RESPONSIBLE 'MEDITIAMO INSIEME' PROJECT

I cover different position within the project 'Meditiamo Insieme' divided into two areas:

Project manager:

- Design and planning of different projects (meditation and well-being divulgative and scientific projects)
- Organization and development of different projects (meditation and well-being divulgative and scientific projects)
- Organization and management of events (conferences, meditation meetings, crowdfunding campaigns)

Communication responsible:

- Social media manager (Facebook, Instagram, Youtube)
- Mailing list and newsletter manager
- Content creator

11/2019 – 01/2020 Pavia, Italy

DISABLED PEOPLE ASSISTANT SAISD - UNIVERSITY OF PAVIA

Part-time collaboration with University of Pavia (50 hours), assisting and supporting people with disability during their academic activities.

EDUCATION AND TRAINING

07/2014 Matera, Italy

HIGH SCHOOL GRADUATION Art school 'Carlo Levi'

Address Via Cappuccini, 27, Matera, Italy

09/2014 – 03/2018 Rome, Italy

BACHELOR DEGREE IN 'PSYCHOLOGY AND HEALTH' Faculty of Medicine and Psychology,
University of Rome La Sapienza

Address Rome, Italy | **Final grade** 103/110 |

Thesis Thesis: "Is it possible to detect a lie? Debate in neuroscience about the topic of deception"

26/01/2017 – 16/07/2017 Coimbra, Portugal

PERIOD OF STUDY ABROAD UNDER ERASMUS+ PROGRAM Faculty of Psychology and
Educational Sciences - University of Coimbra

Address Coimbra, Portugal

01/10/2018 – 29/09/2020 Pavia, Italy

MASTER DEGREE IN 'PSYCHOLOGY, NEUROSCIENCE AND HUMAN SCIENCES' University of
Pavia and IUSS Pavia

Address Pavia, Italy | **Final grade** 110/110 with honors |

Thesis Thesis: 'MEDITATION EFFECTS ON BEHAVIOR: STATE OF THE ART IN CONTEMPLATIVE NEUROSCIENCE AND A PRACTICAL APPLICATION OF MINDFULNESS-BASED INTERVENTION TO BOOST PSYCHOLOGICAL WELL-BEING.'

01/02/2019 – 31/07/2020

TRAINEESHIP IN STATISTICS AND DATA ANALYSIS Medical and Genomic Statistics Unit - Brain
and Behavioral Department - University of Pavia

● LANGUAGE SKILLS

Mother tongue(s): **ITALIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	C1	C1	C1	C1
PORTUGUESE	B2	B2	B1	B1	A2
SPANISH	A2	B1	A2	A2	A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

● DIGITAL SKILLS

Google Drive | Social Media | Zoom | Mailchimp | R (statistical analysis software) | MatLAB |
Microsoft Office