

PERSONAL INFORMATION

Valentina Cesaroni



 Asiago, 12, 60124 Ancona (Italy)

 +393387337515

 valentinacesaroni@hotmail.it

 Skype valentina_cesaroni | [LinkedIn](#) Valentina Cesaroni

Sex Female | Date of birth 20/05/1987 | Nationality Italian

WORK EXPERIENCE

-
- 2001–2005 **Sailing instructor**
Taunus Tours, Numana (Italy)
 - 2002–2004 **Hostess**
Taunus Tours, Numana (Italy)
Receiving tourists to informations box
 - 2006–2011 **Sailing instructor**
S.E.F. Stamura, Ancona (Italy)
 - 04/2014–Present **Scholarship**
University of Pavia, Pavia (Italy)
 - 06/2015–03/2016 **Stager**
A.C. Milan, Milano (Italy)
 - 04/2016–06/2017 **Nutritionist**
A.C. Milan, Milano (Italy)
 - 04/2015–Present **Freelance as a nutritionist**

EDUCATION AND TRAINING

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- 01/10/2006–15/07/2011 **Associate Degree in Biology**
Polytechnic University of Marche, Ancona (Italy)
" Potential new antibacterial drugs inhibitors of FabI "
 - 01/10/2011–27/02/2014 **Bachelor Degree in Neurobiology**
University of Pavia, Pavia (Italy)
"Effects of *Hericum erinaceus* on synaptic currents and memory in mouse hippocampus"
 - 11/2014–11/2014 **Qualifying Examination to the Profession of Biologist**
Pavia (Italy)
 - 01/2015–03/2016 **Second Level Master in Human Nutrition**

University of Pavia, Pavia (Italy)

10/2014–04/2016 **School of Supply and Integration for Sport (SANIS)**
Pavia (Italy)

10/2016–Present **PhD student**
University of Pavia - Department of Earth and Environmental Sciences, Pavia (Italy)

PERSONAL SKILLS

Mother tongue(s) Italian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	C1	C1	B1	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills

- Good leadership skill
- Confident to interact with different people
- Bright and sociable
- Good adaption to various environment
- Collaborative in a teamgroup
- Organized, ambitious and flexible

Organisational / managerial skills

High responsibility of the people during sailing courses
High sense of work's organization
Determined to achieve a goal
Openminded to various projects

Job-related skills

- Patch-clamp in whole-cell configuration (blind and visual technique) and synaptic stimulation in acute slices obtained from hippocampus, cerebellar hemispheres and vermis, and tadpoles's olfactory bulb.
- Behavioural studies for spatial memory, sensori-motor skills and fear conditioning.
- Research in field and morphological identification of medicinal mushrooms.
- Nutrition for sports skills.

Digital skills

Good knowledge of Windows and Office (Word, Excel, PowerPoint)
Good command of Internet Explorer and Mozilla Firefox
Good knowledge of data analysis (Clampex, Clampfit, Origin, Corel Draw)
Good knowledge of Smart Video Tracking Software for the automated evaluation of behavior in the widest range of pre-clinical and neuroscience applications

Other skills

Passionate about sailing, CrossFit, olimpic weightlifting and music

Driving licence

A, B

ADDITIONAL INFORMATION

- Abstract** EFFECTS OF HERICIUM ERINACEUS ON SPONTANEOUS AND EVOKED SYNAPTIC CURRENTS IN MOUSE HIPPOCAMPAL SLICES
F. Brandalise (1) , E. Altobelli (2) , V. Cesaroni (1) , L. Botta (1) , E. Savino (2) , P. Rossi (1)
(1) Department of Biology and Biotechnology, Pavia University, Pavia, Italy;
(2) Department of Earth and Environmental Science, Pavia University, Pavia, Italy.
(The 7th International Medicinal Mushroom Conference, 26-29 August 2013, Beijing, China)
- Reviews** ROLE OF 17 BETA-ESTRADIOL IN LEARNING AND MEMORY
Woman's Health Care (2016)
Rossi P. (1), Cesaroni V. (1)
(1) Department of Biology and Biotechnology, University of Pavia
- Publications**
- IMPROVING TRAINING CONDITION ASSESSMENT IN ENDURANCE CYCLISTS: EFFECTS OF GANODERMA LUCIDUM AND PHIOCORDYCEPS SINENSIS SUPPLEMENTATION
Evidence-Based Complementary and Alternative Medicine (2014)
P. Rossi (1) , D. Buonocore (1) , E. Altobelli (2) , F. Brandalise (1) , V. Cesaroni (1) , D. Iozzi (1) , E. Savino (2) and F. Marzatico (1)
(1) Department of Biology and Biotechnology, Pavia University, Pavia, Italy
(2) Department of Earth and Environmental Science, Pavia University, Pavia, Italy

 - DISTINCT EXPRESSION PATTERNS OF INWARDLY RECTIFYING CURRENTS IN DEVELOPING CEREBELLAR GRANULE CELLS OF THE HEMISPHERES AND THE VERMIS
European Journal of Neuroscience (2016)
Brandalise F (1,2), Lujan R (3), Leone R (2), Lodola F (4), Cesaroni V (1), Romano C (1), Gerber U (2), Rossi P (1).
(1) Department of Biology and Biotechnology, University of Pavia, Pavia, Italy.
(2) Brain Research Institute, University of Zurich, Zurich, Switzerland.
(3) Instituto de Investigación en Discapacidades Neurológicas (IDINE), Dept. Ciencias Médicas, Facultad de Medicina, Universidad Castilla-La Mancha, Campus Biosanitario, Albacete, Spain.
(4) Molecular Cardiology, IRCCS Fondazione Salvatore Maugeri, Pavia, Italy

 - DIETARY SUPPLEMENTATION OF HERICIUM ERINACEUS (LION'S MANE) MEDICINAL MUSHROOM INCREASES MOSSY FIBER-CA3 HIPPOCAMPAL NEUROTRANSMISSION, AND RECOGNITION MEMORY IN WILD-TYPE MICE.
Evidence Based Complementary Alternative Medicine (2017)
Federico Brandalise (1), Valentina Cesaroni (2), Andrej Gregori (3), Margherita Repetti (2), Chiara Romano (2), Germano Orrù (4), Laura Botta (2), Carolina Girometta (5), Maria Lidia Guglielminetti (5,6), Elena Savino (5,6) and Paola Rossi (2,6).
(1) Brain Research Institute, University of Zurich, Winterthurestrasse 190, CH-8057 Zurich, Switzerland
(2) Department of Biology and Biotechnology (DBB) "L. Spallanzani", University of Pavia, Via Ferrata 1, 27100 Pavia, Italy
(3) MycoMedica d.o.o., Podkoren 72, 4280 Kranjska Gora, Slovenia
(4) O. B. L. Department of Surgical Sciences, V. Ospedale 54, University of Cagliari, 09124 Cagliari, Italy
(5) Department of Earth and Environmental Science (DSTA), Via S. Epifanio 14, University of Pavia, 27100 Pavia, Italy
(6) Miconet s.r.l, Academic spin-off of the University of Pavia, Via Moruzzi 13, 27100 Pavia, Italy

 - DIETARY SUPPLEMENTATION OF HERICIUM ERINACEUS ON SPATIAL MEMORY IN WILD-TYPE MICE.

International Journal of Medicinal Mushrooms (2018) (in press)

Rossi P. (1), Cesaroni V. (2), Brandalise F. (3), Occhinegro A. (1), Ratto D. (1), Perrucci F. (1), Lanaia V. (1), Girometta C. (2), Orrù G. (4), and Savino E. (2).

(1) Department of Biology and Biotechnology "L. Spallanzani", University of Pavia, Pavia, Italy

(2) Department of Earth and Environmental Sciences, University of Pavia, Pavia, Italy

(3) Center for Learning and Memory - University of Texas, Austin, USA

(4) Molecular Biology Service, Department of Surgical Sciences, University of Cagliari, Cagliari, Italy.

- MIRNA-155 AND COLORECTAL CANCER, THE ROLE OF REAL TIME PCR IN LABORATORY DIAGNOSIS.

European Review for Medical and Pharmacological Sciences (2018) (in press)

G. Orrù (1), A. Occhinegro (2), D. Ratto (2), V. Cesaroni (3) and P. Rossi (2).

(1) Molecular Biology Service, Department of Surgical Sciences, University of Cagliari, Cagliari, Italy.

(2) Department of Biology and Biotechnology "L. Spallanzani", University of Pavia, Pavia, Italy.

(3) Department of Earth and Environmental Sciences, University of Pavia, Pavia, Italy

Conferences

- The 7th International Medicinal Mushroom Conference

(26 - 29 August 2013 Beijing China)

- International Convention " NewDrugs 2014 "

(14 - 15 May 2014 Rome Italy)

- 6th International Forum on Food and Nutrition

(03 - 04 December 2014 Milan Italy)

- Patologie legate all'alimentazione

(12 February 2015 Milan Italy)

- Pianeta Nutrizione ed Integrazione

(25 - 27 June 2015 Milan Italy)

- Medicina metabolica e funzionale: ecosistema intestinale immunità infiammazione

(3 - 4 July 2015 Bologna Italy)

- Intolleranze e celiachia nella pratica sportiva

(6 February 2016 Milan Italy)

- The 7th International Medicinal Mushroom Conference

(24 - 28 September 2017 Palermo Italy)

References

Prof.ssa Paola Rossi

Department of Biology and Biotechnology "L. Spallanzani"

University of Pavia - Via Ferrata, 9 - 27100 Pavia , Italy

Mobile: +393386898433

E-mail: prossi@unipv.it

Prof.ssa Elena Savino

Department of Earth and Environmental Sciences

University of Pavia - Via Sant'Epifanio, 14 - 27100 Pavia, Italy

Mobile: +393381492533

E-mail: elena.savino@unipv.it