

PERSONAL INFORMATION

Dr. Sara Bellodi 3489243358 sara.bellodi07@gmail.com / sara.bellodi.207@psypec.it

Sex Female | Date of birth 07/07/1986 | Nationality Italian

STUDIES APPLIED FOR

Psychologist

WORK EXPERIENCE

January 2016 – Present

Psychologist

November 2015 – Present

Feuerstein MediatorApril 2015 –
January 2018**Psychologist**

Domiciliary psycho-educational therapy

EDUCATION AND TRAINING

11th May 2018 –
13rd May 2018**Eye Movement Desensitization and Reprocessing (EMDR), Level I Training**

EMDR Italia, Milan, Italy

24th – 25 th February 2018

Primary Libet

Studi Cognitivi, Milan, Italy

January 2015 –
Present**Residency Program in Cognitive Behavioural Therapy**

Studi Cognitivi, Milan, Italy

March 2014–
May 2014**Feuerstein Instrumental Enrichment Standard I**

Mediation A.R.R.C.A., Milan, Italy

February 2014 –
March 2014**Feuerstein Instrumental Enrichment Basic I**

Mediation A.R.R.C.A., Milan, Italy

March 2013

Registered Psychologist of the Lombardy, n° 03/16068

March 2011

Master Degree in Psychology

University of Pavia, 27100, Pavia, Italy

Final grade: 109/110

February 2009

Degree in Psychological Science

University of Pavia, 27100, Pavia, Italy

July 2005

Secondary School Diploma in Scientific Studies

N. Copernico High School, 27100, Pavia, Italy

PERSONAL SKILLS

Mother tongue(s) Italian
 Other language(s)

UNDERSTANDING		SPEAKING		WRITING
Listening	Reading	Spoken interaction	Spoken production	
English	B1	B1	A2	A2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent User	Independent User	Independent User	Independent User	Independent User

Levels: Basic user - Independent user - Proficient user
[Digital competences - Self-assessment grid](#)

Driving licence B, car owner

I authorise the use of my personal data according to art.13 D.Lgs. 196/2003 and art 13 GDPR 679/16