

PERSONAL INFORMATION

Dr. Cinzia Ferraris

 Via Santo Spirito 19 B, 27100 Pavia (PV)

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 cinzia.ferraris@unipv.it

Sex Female | Date of birth 18/09/1987 | Nationality Italian

STUDIES APPLIED FOR

Dietitian Ph.D

WORK EXPERIENCE

February 2016 - Present

Ph.D. Post Doc

Human Nutrition and Eating Disorders Research Centre, University of Pavia, Via Agostino Bassi 21, 27100 Pavia, Italy

Research program: "Application of the ketogenic diet in the treatment of epilepsy drug-resistant and the glucose transporter type 1 deficiency in children: nutritional effects and modifications of the gut microbiota"

January 2015 – Present

Dietitian Consultant

National Neurological Institute C. Mondino, Via Mondino 2, 27100 Pavia PV

November 2012 –
November 2015

Ph.D. Student in Psychology, Statistics and Health Science

Human Nutrition and Eating Disorders Research Centre, University of Pavia, Via Agostino Bassi 21, 27100 Pavia, Italy

ENJOY Project—Exergames & healthy Nutrition Joined against Obesity for one Year: an intervention of physical activity with active video games for weight loss in obese adults

October 2011 –
October 2012

Dietitian

Human Nutrition and Eating Disorders Research Centre, University of Pavia, Via Agostino Bassi 21, 27100 Pavia, Italy

Winner of notice of selection organized by University of Pavia as a Dietitian subject to contract for one year

October 2009 –
July 2010

Dietitian Fellow

INRAN - National Research Institute on Food and Nutrition - Rome
Scholarship - Project BIOVITA

EDUCATION AND TRAINING

November 2014 –
April 2016

Certified Sport Nutritionist - International Society of Sport Nutrition (ISSN)

SANIS – School of Sport Nutrition and Supplements
Pavia, Italy

November 2012 –
November 2015

Ph.D. in Psychology, Statistics and Health Science

University of Pavia, 27100 Pavia, Italy

May 2014 – June 2014

Master in Psychoterapy of Eating Disorders

University of Firenze, Firenze, Italy

November 2010 –
July 2012

Master Degree in Nursing Science Technical Welfare

University of Pavia, 27100 Pavia, Italy

Final grade: 110/110 cum laude

October 2007 – October 2010 **Degree in Dietetics**
 University of Pavia, 27100 Pavia, Italy
 Final grade: 104/110

PERSONAL SKILLS

Mother tongue(s)
 Other language(s)

Italian	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B1	B1	B1	B1	B1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent User	Independent User	Independent User	Independent User	Independent User

Levels: Basic user - Independent user - Proficient user
[Digital competences - Self-assessment grid](#)

ECDL

Driving licence B

- Publications**
1. Clinical and psychological features of normalweight women with subthreshold anorexia nervosa: a pilot case-control observational study
Tagliabue A, Ferraris C, Martinelli V, Pinelli G, Repositi I, Trentani C
Neuroendocrinol Lett 2012; 33(5): 477–482
 2. Accuracy of equations for the measurement of resting energy expenditure in older subjects
M. Siervo, S. Bertoli, A. Battezzati, J.C. Wells, J. Lara, C. Ferraris, A. Tagliabue
Clinical Nutrition, 2013; 33 (4): 613-619
 3. Accuracy of three novel predictive methods for measurement of fat mass in healthy older subjects
Lara J, Siervo M, Bertoli S, Mathers JC, Battezzati A, Ferraris C, Tagliabue A
Aging Clin Exp Res 2014; 26 (3): 319-325
 4. Long-term effects of a ketogenic diet on body composition and bone mineralization in GLUT-1 deficiency syndrome: a case series
Bertoli S, Trentani C, Ferraris C, De Giorgis V, Veggiotti P, Tagliabue A
Nutrition 2014; 30(6): 726-728
 5. Is drop-out in obesity treatment a predictable and preventable event?
Colombo O, Ferraris C, Trentani C, Villani S, Tagliabue A
Nutrition Journal 2014; 13:13
 6. Short-term effects of ketogenic diet on antropometric parameters, body fat distribution, and inflammatory cytokine production in GLUT1 deficiency syndrome
Bertoli S, Neri Giulini I, Trentani C, Ferraris C, De Amicis R, Battezzati A, Veggiotti P, Tagliabue A
Nutrition 2015; 31: 981–987
 7. Cognitive-behavioral treatment reduces attrition in treatment-resistant obese women: results from a 6-month nested case-control study
Tagliabue A., Repositi I., Trentani C., Ferraris C., Martinelli V., Vinai P.
Neuroendocrinology Letters, 2015; 36(4):368-373
 8. Short-term impact of a classical ketogenic diet on gut microbiota: a pilot study
Tagliabue A., Ferraris C., Trentani C., Bertoli S., Veggiotti P., Uggeri F., Elli M.
Proceedings: 8th Probiotics, prebiotics & New Food for microbiota and human health 2015; 49-52
 9. Physical Activity Assessment in an Italian Adult Population using the International Physical Activity Questionnaire
Polito A., Intorre F., Ciarapica D., Barnaba L., Tagliabue A., Ferraris C., Zaccaria M.
Obesity Research Open Journal. 2016; 3(3): 43-52
 10. Short-term impact of a classical ketogenic diet on gut microbiota in GLUT1 Deficiency Syndrome: A 3-month prospective observational study
Anna Tagliabue, Cinzia Ferraris, Francesca Uggeri, Claudia Trentani, Simona Bertoli, Valentina de Giorgis, Pierangelo Veggiotti, Marina Elli
Clinical Nutrition ESPEN, 2017
 11. An mHealth Application for Educating and Monitoring Patients Treated with a Ketogenic Diet Regimen.
Zini EM, Tagliabue A, Trentani C, Ferraris C, Boninsegna R, Quaglini S, Lanzola G.
Stud Health Technol Inform. 2018;247:481-485