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### List of Publications

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| Effect of Kindness-Based Meditation on Health and Well-Being: A Systematic Review and Meta-Analysis.<br>J Galante, I Galante, MJ Bekkers, J Gallacher<br>Journal of consulting and clinical psychology  | 2014 |
| Healthy lifestyles reduce the incidence of chronic diseases and dementia: evidence from the Caerphilly cohort study<br>P Elwood, J Galante, J Pickering, S Palmer, A Bayer, Y Ben-Shlomo, ...<br>PloS one 8 (12), e81877  | 2013 |
| Molecular mechanisms of memory retrieval<br>G Szapiro, JM Galante, DM Barros, M Levi de Stein, MRM Vianna, ...<br>Neurochemical research 27 (11), 1491-1498   | 2002 |
| Effects of mindfulness-based cognitive therapy on mental disorders: a systematic review and meta-analysis of randomised controlled trials<br>J Galante, SJ Iribarren, PF Pearce<br>Journal of Research in Nursing   | 2012 |
| Aspirin in the Treatment of Cancer: Reductions in Metastatic Spread and in Mortality: A Systematic Review and Meta-Analyses of Published Studies<br>PC Elwood, G Morgan, JE Pickering, J Galante, AL Weightman, D Morris, ...<br>PloS one 11 (4), e0152402                          | 2016 |
| Estimation and Comparison of EQ-5D Health States' Utility Weights for Pneumococcal and Human Papillomavirus Diseases in Argentina, Chile, and the United Kingdom<br>J Galante, F Augustovski, L Colantonio, A Bardach, J Caporale, SG Marti, ...<br>Value in Health 14 (5), S60-S64 | 2011 |

- Estimation and Comparison of EQ-5D Health States' Utility Weights for Pneumococcal and Human Papillomavirus Diseases in Argentina, Chile, and the United Kingdom 2011  
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- Protocol for the Mindful Student Study: a randomised controlled trial of the provision of a mindfulness intervention to support university students' well-being and resilience to stress 2016  
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- QA1 Measuring the Benefits of Health Care: Dalys and Qalys—Does the Choice of Measure Matter? A Case Study 2011  
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