

# Giulia Gontero

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date of birth: 16/12/1992

## Working experience

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### Music therapist (scholarship holder) at F.S.Maugeri - Pavia

2014 - today

Music therapist in Neurological-Rehabilitative and Chronic Pain field; Research projects coordinator; Internship tutor and supervisor

### Lecturer at Pavia University Music Therapy Master

2015 - today

Conducting classes with topics related to Autism and Alzheimer's dementia with case presentations.

### Lecturer at Ferrara University improves course of Music and Music Therapy in Neurology

2014 - 2015

Svolgimento di lezioni con argomento inerente alla Demenza di Alzheimer con presentazione di casi clinici attinenti all'ambito trattato.

### Intern music therapist at CTRS, Milan

April – December 2014

Intern music therapist in charge of the "Music Therapy and Autism" project in the Therapeutic and Rehabilitation Center of Milan (Via Rucellai 36) supervised by the Child Neuropsychiatrist of the structure. Conducting active music therapy sessions, (individual and in group), with children from 2 to 10 years old.

### Intern music therapist at Sospiro Foundation (CR)

February 2013 – April 2014

Intern music therapist in the neurological rehabilitation field (Dementia) and collaborator in research projects. Conductor of individual active music therapy sessions.

### Intern music therapist at "Evo and Elvio Tempia" Foundation of Biella

October 2012 – June 2013

Intern music therapist in oncology. Co-therapist in active music therapy group sessions with adult patients during the follow-up phase.

## Education

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### Bachelor's degree in developmental psychology

2015 - Today

Salesian University Institute of Turin, Iusto Rebaudengo

### Master Degree in Music Therapy

a.y 2014 - 2015

University of Pavia, Faculty of Medicine and Surgery

### Diploma in Music Therapy

2011 - 2015

CONFIAM, triennial school of Turin

### Improvers course of Music and Music Therapy in Neurology

a.y 2012 - 2013

University of Ferrara, Faculty of Medicine and Surgery

### Bachelor in Flute

2005 - 2012

Giuseppe Verdi Conservatory, Turin

### Scientific high school diploma

a.y 2010 - 2011

Liceo Scientifico Marie Curie, Pinerolo (TO)

## Publications

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Raglio A, Attardo L, Gontero G, Rollino S, Groppo E, Granieri E. Effects of music and music therapy on mood in neurological patients. World J Psychiatr 2015 March 22; 5(1): 68-78

## Abilities

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- LANGUAGES:

**Italian:** native language

**English:** excellent

**French:** good

- INTERESTS:

Sport (mountain, yoga, ski, running, teamgym, slackline), Music, Travelling

- DRIVING LICENCE