

Giulia Rancati

Giulia Rancati is a Psychologist-Psychotherapist at the Nutritional rehabilitation and psychomotor of the obese patient Department of Villa Esperia in Salice Terme (Pv).

She is a Psychotherapist, psychologist and professor at Bocconi University in Milan.

Her clinical activity takes place at the Clinic Villa Esperia, in the nutritional rehabilitation department. She also conducts psychoeducational groups on the emotional hunger issues, on increasing awareness of the disease and patient empowerment.

Giulia Rancati teaches effective communication topics, public speaking, team working and assertiveness in interpersonal relationships at the Bocconi University.

Giulia Rancati is a member of SITCC (Italian Society of Cognitive Behavioral Therapy) and she is enabled to use EMDR (Eye Movement Desensitization and Reprocessing), she also performs individual psychotherapy and torque, for patients with Axis I disorders and personality disorders; she is a member of Team DBT (Dialectical Behavior Therapy) of Pavia, she deals with patients with borderline personality disorder.