

# CURRICULUM VITAE

Family name: **GUAITA**  
First name: **ANTONIO**  
Date of birth: Oct 21<sup>st</sup> 1948  
Nationality: Italian  
Civil status: Married



## Education:

<i>Institution Degree(s) or Diploma(s) obtained:</i>	High school
<i>Date:</i>	1967
	Diploma
<i>Institution Degree(s) or Diploma(s) obtained:</i>	University of Pavia, Italy
<i>Date:</i>	1973
	Degree in Medicine
<i>Institution Degree(s) or Diploma(s) obtained:</i>	University of Pavia, Italy
<i>Date:</i>	1976
	Specialization in Occupational Medicine
<i>Institution Degree(s) or Diploma(s) obtained:</i>	University of Florence, Italy
<i>Date:</i>	1979
	Specialization in Gerontology and Geriatrics
<i>Institution Degree(s) or Diploma(s) obtained:</i>	University of Pavia, Italy
<i>Date:</i>	1984
	Specialization in Physical medicine and Rehabilitation

## Membership of professional bodies:

Member of the Italian Society of Gerontology and Geriatrics- Società Italiana Gerontologia e Geriatria (SIGG)

Member of the Gerontological Society of America

Member of the board of the Italian Psychogeriatrics Association – Associazione Italiana Psicogeriatria (AIP)

Member of the board of the Italian Association of Cerebral Aging Research – Associazione italiana Ricerca Invecchiamento Cerebrale (AIRIC)

2002 - 2012. Professor at the postgraduate specialty in Geriatrics of the University of Milan

2004-2011 Professor at the Catholic University of Milan , teacher responsible for the “ psycho geriatric laboratory “ (degree in Psychology)

1988- 1997 : Professor at the University of Pavia, teaching: “Preventive medicine for the aging people” for post graduate specialization in Community Medicine.

2011 – 2015 : Research consultant at the SUPSI (Scuola Universitaria Professionale Svizzera Italiana - Swiss University Professional School Italian country - Department of Health).

**Present position:** Director of the “Fondazione Golgi Cenci”

**Years within the organisation:** 7 years

**Key qualifications:**

Current activities are focused on epidemiological and medical aspects of brain aging and dementia.

Two main studies are concluding:

Longitudinal observational study : He has promoted and carried out a population study on more than 1300 people from 70 to 74 years living in Abbiategrasso and followed for five years (2009-2014)(InveCe.Ab study, NCT01345110) evaluating the biological, neuropsychological, medical and social parameters. Neuropathological examination of the brain of the donors and the establishment of a Brain Bank is also under realization.

Randomized controlled study : a single blind controlled study on cognitive stimulation has been carried out (2011 – 2015) called the “Allena-Mente” study(NCT01793493 ClinicalTrial.gov). The aim of this trial was to evaluate the short-term and long-term efficacy of cognitive stimulation, versus sham treatment, on cognitive performance in cognitively healthy subjects with a family history of dementia and in non-demented subjects affected by MCI.

Antonio Guaita is the author of 30 publications recorded in PUBMED and 46 in SCOPUS with a current citation record of 192 and an H index of 8

([http://www.scopus.com/cto2/main.url?stateKey=CTOF\\_594720349&authors=6603577566&origin=AuthorNamesList](http://www.scopus.com/cto2/main.url?stateKey=CTOF_594720349&authors=6603577566&origin=AuthorNamesList))

**Professional Experience Record:**

<b>Date:</b>	From 3/1974 to 12/1989
Location	Italy ( Abbiategrasso)
Company	Geriatric Institute “C.Golgi”
Position	Geriatrician
<b>Date:</b>	From 1/1990 to 3/2008
Location	Italy ( Abbiategrasso)
Company	Geriatric Institute “C.Golgi”
Position	Medical Director

**Publication record (selected 2009-2015)**

1. Bonomo SM, Rigamonti AE, Giunta M, Galimberti D, Guaita A, Gagliano MG, Müller EE, Cella SG. Menopausal transition: a possible risk factor for brain pathologic events Neurobiol Aging. 2009 ;30:71-80.
2. Colombo M, Vaccaro R, Vitali SF, Malnati M, Guaita A Clock Drawing Interpretation Scale (CDIS) and neuro-psychological functions in older adults with mild and moderate cognitive impairments. Arch Gerontol Geriatr. 2009;49 Suppl 1 :39-48.
3. Guaita A, Malnati M, Vaccaro R, Pezzati R, Marcionetti J, Vitali SF, Colombo M. Impaired facial emotion recognition and preserved reactivity to facial expressions in people with severe dementia. Arch Gerontol Geriatr. 2009;49 Suppl 1: 135-46.
4. Colombo M, Vitali SF, Vaccaro R, Malnati M, Cutaia C, Abbondanza S, Valle E, Fossi S, Guaita A Current technology usage and neuropsychological functions in older persons attending a memory clinic Gerontechnology 2010;9(2): 204
5. Guaita A, Jones M A "Prosthetic" Approach for Individuals With Dementia? JAMA. 2011;305(4):402-403
6. Cherubini A, Ruggiero C, Dell’Aquila G, Eusebi P, Gasperini B, Zengarini E, Cerenzia A, Zuliani G, Guaita A, Lattanzio F. Underrecognition and under treatment of dementia in Italian nursing homes. J Am Med Dir Assoc. 2012;1):759.e7-13.
7. Polito L, Kehoe PG, Davin A, Benussi L, Ghidoni R, Binetti G, Quadri P, Lucca U, Tettamanti M,

- Clerici F, Bagnoli S, Galimberti D, Nacmias B, Sorbi S, Guaita A, Scarpini E, Mariani C, Forloni G, Albani D. The SIRT2 polymorphism rs10410544 and risk of Alzheimer's disease in two Caucasian case-control cohorts. *Alzheimers Dement*. 2012 May 30. [Epub ahead of print] PubMed PMID: 22651940.
8. Guaita A, Colombo M, Vaccaro R, Fossi S, Vitali SF, Forloni G, Polito L, Davin A, Ferretti VV, Villani S. Brain aging and dementia during the transition from late adulthood to old age: design and methodology of the "Invece.Ab" population-based study. *BMC Geriatr*. 2013 Sep 24;13(1):98.
  9. Guaita A, Vaccaro R, Davin A, Colombo M, Vitali SF, Polito L, Abbondanza S, Valle E, Forloni G, Ferretti VV and Villani S Influence of socio-demographic features and APOE-epsilon 4 expression on the prevalence of dementia and cognitive impairment in a population of 70-74 year olds: the InveCe.Ab study *Archives of Gerontology and Geriatrics* (2014) DOI:10.1016/j.archger.2014.11.006
  10. Polito L, Davin A, Vaccaro R, Abbondanza S, Govoni S, Racchi M, Guaita A. Serotonin transporter polymorphism modifies the association between depressive symptoms and sleep onset latency complaint in elderly people: results from the 'InveCe.Ab' study. *J Sleep Res*. 2014 Oct 9. doi: 10.1111/jsr.12248. [Epub ahead of print]
  11. Polito L, Abbondanza S, Vaccaro R, Valle E, Davin A, Degrate A, Villani S, Guaita A. Cognitive stimulation in cognitively impaired individuals and cognitively healthy individuals with a family history of dementia: short-term results from the "Allena-Mente" randomized controlled trial. *Int J Geriatr Psychiatry*. 2014 Sep 3. doi: 10.1002/gps.4194. [Epub ahead of print]

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